



NATURAL WELLNESS & PAIN RELIEF CENTERS OF MICHIGAN

Strauchman-Morningstar Advanced Health Care, PLC

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Medical Director*

HCG Weight Loss Program

PATIENT: _____

DATE: _____

HCG, or human chorionic gonadotropin, is a hormone typically associated with pregnancy. However, over the past 50 years Dr. ATW Simeons has developed a protocol for weight loss in males and females using small doses of this hormone. Our program at NWPRC mirrors the original protocol outlined by Dr. Simeons in his manuscript titled, "Pounds and Inches."

Dr. Strauchman takes this weight loss program very seriously. Because of the dramatic weight loss achieved by most everyone on this diet, each and every person entering our program must be carefully monitored to make sure that no unexpected problems arise. This means that adherence to and compliance with Dr. Strauchman's recommendations is required at all times, or the program will be discontinued immediately.

This diet program typically allows people to lose 1-2 pounds per day in a healthy manner. This diet is recommended for individuals who've tried many other diets, have had bariatric surgery and plateaued in his/her weight loss, or for people who are developing other comorbid health problems because of their excess weight. The costs associated with this treatment program are outlined below. All fees for the program are due up front at the time of this first visit, no exceptions. All health insurances will be billed for services as they are rendered. Therefore, if you have insurance coverage, reimbursement will be sent directly to you. We accept cash, check, VISA/MC, and CareCredit for this program. Please speak with one of our staff if you wish to use CareCredit to get you set up.

Program Costs

Initial consultation and interview	\$ 150.00
Testing Visit/Blood draw and Specimen collection with processing	\$ 25.00
Initial follow-up	\$ 100.00
Second follow-up	\$ 100.00
Third follow-up	\$ 100.00

\$ 475.00

HCG Weight Loss Program - Informed Consent

HCG injections for weight loss are something that many people struggling with weight issues think about. HCG shots and diet plan may not necessarily be right for every individual, but there are many individuals that find that HCG shots or oral HCG prove quite helpful in the battle with weight issues. These types of injections have been used for a correct amount of time under the right conditions can help an individual lose weight relatively quick.

HCG injections for weight loss were first proposed by Dr. Albert T.W. Simeons, who discovered that this hormone could be used to assist dieters who want to lose weight by helping to curb one's appetite tremendously. As early as the 1950s, Dr. Simeons had asserted that HCG shots prove beneficial in the dieting endeavor and that it could help an individual maintain a caloric intake of five hundred calories without the effects of deprivation and the sensations of hunger.

HCG shots for weight loss are created from hormones that often naturally occur in pregnant women. The latter hormone was discovered to help in transforming unwanted abnormal fats into calories as well as simultaneously offering metabolic boosting properties to those that use it. HCG shots/diet plan is questioned by some since the FDA has not officially approved for the use of HCG in dieting endeavors. Nevertheless, under adequate doctor's care and observation, those who choose to use HCG for weight loss can do so safely, since FDA has approved using HCG in significantly larger amount for fertility purpose. Individuals on the HCG diet are advised to inject 125 to no more than 200 IU per day, while Fertility clinics routinely inject 10,000 IU into women.

There are rarely HCG Diet side effects reported. Few that take HCG injections for weight loss may experience certain side effects. When HCG shots are used for fertility reasons, some patients experience occasional headaches and pregnancy symptoms. However, the amount of HCG used for Weight Loss is much less than that for fertility purpose. Very few complications have been reported by dieters taking HCG diet injections, other than the possible side effects associated with injection itself such as swelling, slight pain and occasional fatigue. However, if side effects are noted while using the hormone, the individual should bring the effects to the attention of a physician immediately. It may be necessary for the doctor to offer another aid for dieting purposes. If allergies present themselves, the consumer is advised to seek out the assistance of a qualified medical professional and to cease using the HCG product.

HCG is a prescription medication used by Dr. Megan Strauchman in her weight loss program.

With any drug there is the possibility of an allergic reaction or unusual reaction that may cause skin rash, difficulty breathing, collapse, or even death.

HCG is virtually free of negative side effects, but because you must follow a very low calorie, low fat diet that can sometimes trigger a gallbladder attack in individuals who are genetically pre-disposed to gallbladder disease.

Your medication will be discontinued if there is a severe adverse reaction.

I understand that the program and medications may involve risk. I have read and understand the information given to me about the medications. I have asked and had answered any questions that I may have after reading this form. I understand the possible side-effects and agree to advise Dr. Strauchman should they occur. I understand that I may quit the program at any time. I agree to stop the HCG if I become pregnant and agree to advise Dr. Strauchman should I decide to become pregnant. No adverse side effects or complications are expected, but in the event that an illness does occur, I understand that I need to contact Dr. Strauchman. If I experience an emergency situation, I understand that I need to go to an emergency facility. I authorize Dr. Strauchman to use my photos for advertising purposes as needed.

I warrant to Dr. Strauchman that I am in good health and fully able to participate in the Program and that any questions concerning my ability to participate in the Program have been or will be discussed with my doctor before I participate. I acknowledge that I am responsible for my own health and I release Dr. Strauchman and her officers, employees and agents from any and all claims, liabilities or damages for personal injuries which I may suffer directly or indirectly resulting from my participation in the Program. I fully understand that employees of Dr. Strauchman are not health practitioners, and cannot be expected to diagnose or to treat individual health problems and that all such questions should be addressed by me directly to Dr. Strauchman and I agree to do so.

BY CHECKING THE BOX YOU INDICATE THAT YOU HAVE READ THE INFORMATION ABOVE, HAVE HAD YOUR QUESTIONS ANSWERED, HAVE HAD POTENTIAL SIDE EFFECTS EXPLAINED, AND AGREE TO NOTIFY DR. STRAUCHMAN OF ANY CHANGE IN YOUR HEALTH STATUS. YOU WILL NOT BE ALLOWED TO PARTICIPATE IN THIS PROGRAM IF YOU DO NOT AGREE TO THESE TERMS.

Signature

Date

Print Name

Contract Disclosures and Agreement

If I choose to discontinue the weight loss program before the treatment plan is completed I am responsible for the remaining contract balance. All of the services provided to me to date will be totaled at their normal fees. If I have not used up all money I initially paid then I may receive a refund.

The normal fees for visits to Dr. Strauchman are as follows:

Initial Visit: \$350
Follow-ups: \$150

Should I choose to discontinue, I understand that my default rate for all visits already provided will be billed at these rates. I understand that I am given a discount on the total program as an incentive to follow through and maintain compliance.

SIGN ONLY WHEN YOU HAVE READ AND AGREED TO ALL TERMS ABOVE

Patient Name

Patient Signature

Date

Witness Signature

Date